

Where Toxins Are Found In Our Day To Day Lives – Radon Gas

Radon gas is the leading cause of lung cancer to a non-smoker! Canada is way behind Europe regarding government and health policy regarding this and many toxins. Dr. Phil spoke to Mark Diplock, a certified Radon inspector who recommended that every house needs to be tested.

Solution:

1. Test your radon gas exposure with a monitoring device for at least 91 days in the winter months. See the video below for more info and what to do if you measure high.

Reference

I. [Radon Testing endorsed by Ontario Lung Association sponsored by Mike Holmes](#)