

# EWG's 2018 Clean Fifteen List

## The Environmental Working Group's 2018 Clean Fifteen List

The Top Fruits And Veggies That Have The Fewest Pesticides



1. Avocados



2. Sweet Corn\*



3. Pineapples



4. Cabbage



5. Onions



6. Sweet peas, frozen



7. Papayas\*



8. Asparagus



9. Mangos



10. Eggplant



11. Honeydew Melon



12. Kiwi



13. Cantaloupe



14. Cauliflower



15. Broccoli



\* A small amount of sweet corn, papaya and summer squash sold in the United States is produced from genetically modified seeds. Buy organic varieties of these crops if you want to avoid genetically modified produce.



Less than 1% of avocados and 2% of sweet corn showed any detectable pesticides.



More than 80 percent of pineapples, papayas, asparagus, onions and cabbage had no pesticide residues.

AlgaeCal

Source: <https://www.ewg.org>