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Better Health, Less Hospitalizations and Medications with Long-term Chiropractic Care

Scientific research has demonstrated the power of wellness care. The study involved 311 wellness chiropractic patients age 65 or older, each of whom had received maintenance care for five years or more. This group was then compared with a group of otherwise healthy citizens of the same age who had not received chiropractic care.

The results:

- Chiropractic patients spent only 31% of the national average for health care
- They made half as many visits to their medical providers
- Their health habits were radically better than the overall population's
- They consumed far fewer cigarettes
- 98.5% believed that care to be considerably or extremely valuable

Advantages experienced by the chiropractic/wellness group:

- 60.2% fewer hospital admissions
- 59% fewer days hospitalized
- 62% fewer outpatient surgeries
- 85% less pharmaceutical costs

Journal of Manipulative and Physiologic Therapeutics (JMPT)

<http://www.journals.elsevierhealth.com/periodicals/ygmt/article/PIIS0161475400901088/abstract>